

Horticultural Therapy

People Growing Plants | Plants Growing People



Horticultural Therapy can help individuals to recover from illness or adjust to disability, and achieve goals for improved cognitive, physical, and psychosocial functioning.

All listed courses meet requirements for professional registration with the American Horticultural Therapy Association (AHTA). The Rutgers SEBS Horticultural Therapy courses are accredited by the AHTA¹. Two academic options are available: HT Certificate Program and HT Minor².

For more information, please visit us at plantbiology.rutgers.edu/hort-therapy and the American Horticultural Therapy Association at ahta.org.

Horticultural Therapy Certificate Program (34-37 Credits)

Horticultural Therapy Courses 9-CREDIT REQUIREMENT

- 11:776:225** Introduction to Horticultural Therapy¹ (3)
11:776:325 Horticultural Therapy:
Techniques and Programming¹ (3)
11:776:432 People-Plant Relationships¹ (3)

Human Science Courses 9-CREDIT REQUIREMENT

- 01:830:101** General Psychology (3)
01:830:340 Abnormal Psychology (3)
01:830:271 Principles of Developmental Psychology (3)

Horticulture Courses 9-CREDIT REQUIREMENT

- 11:776:211** Introduction to Horticulture (3)
11:776:310 Plant Propagation (3)
11:776:391 Diseases and Insects of Plants (3)
OR
11:350:370 Agricultural Entomology and Pest Management (3)

**Human Science
Elective**

CHOOSE ONE FROM LIST
3-CREDIT REQUIREMENT

- 01:830:371 Group Dynamics (3)
01:830:335 Adult Development and Aging (3)

Horticulture Elective

CHOOSE ONE FROM LIST
3-4-CREDIT REQUIREMENT

- 11:776:302 General Plant Pathology (3)
11:776:321 Greenhouse Systems Management (3)
11:776:439 Nursery Crop Production (3)
11:550:235 Herbaceous Plants in the Landscape (3)
11:550:340 Planting Design (4)

Internship

1-3-CREDIT REQUIREMENT

- 11:776:495 Special Problems in Plant Science (1-3)

Horticultural Therapy Minor Program² (18 Credits)

Minor Prerequisite

- 01:830:101 General Psychology* (3)

**Horticultural Therapy
Minor Core Courses**

12-CREDIT REQUIREMENT

- 11:776:225 Introduction to Horticultural Therapy*¹ (3)
11:776:326 Horticultural Therapy Techniques
and Programming*¹ (3)
11:776:432 People-Plant Relationships*¹ (3)
01:830:340 Abnormal Psychology* (3)

Horticulture Elective

CHOOSE ONE FROM LIST
3-CREDIT REQUIREMENT

- 11:776:211 Introduction to Horticulture* (3)
11:776:310 Plant Propagation* (3)
11:776:439 Nursery Crop Production (3)
11:776:302 General Plant Pathology (3)
11:776:391 Diseases and Insects of Plants* (3)
OR
11:370:350 AG Entomology and Pest Management* (3)

**Human Science
Elective**

CHOOSE ONE
FROM THE LIST
3-CREDIT REQUIREMENT

- 01:830:346 Atypical Development of Childhood
and Adolescence (3)
01:830:310 Neuropsychology (3)
01:830:377 Health Psychology (3)
01:830:271 Principles of Developmental Psychology* (3)
01:830:335 Adult Development and Aging (3)
01:830:333 Adolescent Development (3)

¹ Course is accredited by the American Horticultural Therapy Association.

² Horticultural Therapy minor is open to matriculating SEBS and SAS students only.
HT minor partially meets the AHTA requirements for professional registration.

* Required courses in the Rutgers SEBS Horticultural Therapy Certificate Program.